

Lilian Bernhardt Former Head of Global IT Legal Team in DPDHL

"Fear is an uncertainty of knowing what is coming."

"Be and remain authentic, be knowledgeable in your field."



What you can do now to face your fears:

- Allow your fear to focus your mind.
- Listen to the experts.
- Analyze the data.
- Listen to your gut.
- Make a strong decision with resolve.
- Don't be afraid to reverse course when facts change.

How to tackle uncertainty:

You must focus on what you know and make an informed decision.

Focus your mind and become more diligent.

Look at the facts. Analyze the data. Assess the risk of the things you don't know, make an informed decision, and move forward.

